



Super Kindness Challenge

What:

A school wide challenge for our students to demonstrate both small and extraordinary kindness to their peers and teachers. Starting on March 5th we will promote the Super Kindness Challenge and give students the opportunity to nominate a peer or staff member who has shown them an act of kindness, no matter how small. The students who have been nominated will be acknowledged on WesTV each Wednesday and will receive a special Super Kindness certificate and a superhero cape. The challenge will begin on March 5th and end with a whole school celebration on April 27th, the day before National Superhero Day (April 28th). Each week will focus on demonstrating kindness and positive behaviors through our three school pillars: I can respect myself, I can respect others, I can respect my community. We will be focusing on several areas where students can show respect/kindness: Hallways, Cafeteria, Classroom and Playground.

Why:

In the aftermath of the Florida school shootings, I've tried to conjure ways to affect change, but it is particularly challenging as all of the issues seem so huge. There remains constant tension shrouding our daily duties as teachers with safety fears added to the normal spike in behavior challenges that we see this time of year.

Our students aren't always equipped to handle the constant struggles and frightening emotions they face so they often act out inappropriately. It becomes our jobs as educators to help them find positive outlets for their emotions by helping them find positive words and behaviors rather than negative ones. It is critical that we teach this next generation how to deal with their negative emotions in a productive way. This starts by showing them kindness and teaching them how to acknowledge and return kindness. The goal is to show them that a small act of kindness can spread quickly and change the tenor of our Westlawn community! Let's show them that superheroes don't have to rescue someone from a burning building necessarily, they can create change in our world by starting the cycle of kindness.

How:

I will promote the challenge on WesTV on Wednesday, March 7th and will appear weekly with nomination updates and a weekly PBA focus.

The nomination forms – Nomination forms will be placed in your box and will be available on the server. At the end of each week, or as you receive them, please place the nomination forms in my box. I will collect them and record the students who are nominated so that they can receive a certificate and place their name in the drawing for a superhero cape.

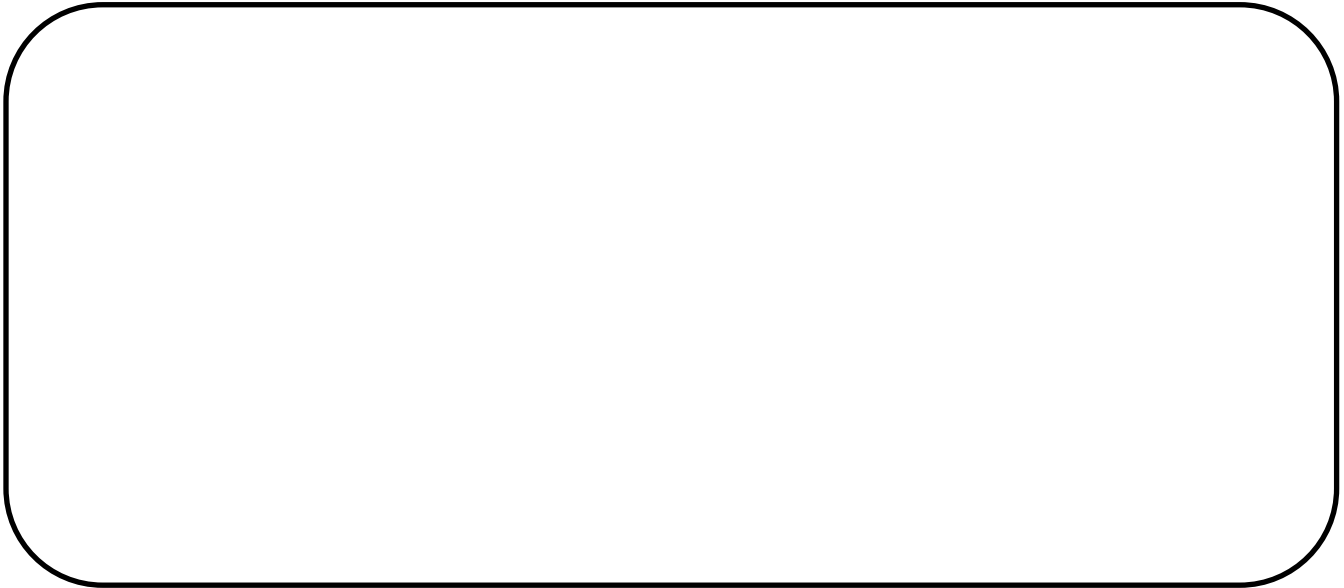
Thanks!! -Anna Woodward

SUPER KINDNESS CHALLENGE NOMINATION FORM

Your Name: _____ **Your Teacher:** _____

I would like to nominate: _____

Draw a picture of the kind thing your friend did. Don't forget to label your picture!



SUPER KINDNESS CHALLENGE NOMINATION FORM

Your Name: _____ **Your Teacher:** _____

I would like to nominate: _____

Draw a picture of the kind thing your friend did. Don't forget to label your picture!



This certificate is being awarded to

for showing SUPER kindness to others.

You are a Westlawn hero!



Teacher

Date